

# **Missouri Holstein Distinguished Junior Member (Senior Division)**

\*\*\*Applicants for the Senior Division should be 15-21 years old as of January 1, 2023\*\*\*

**Completed forms should be postmarked by December 8, 2023, to:**

**Katie Haverkamp  
206 W Spruce St  
Madison, MO 65263**

Please prepare an entry book with the following outline. The entry book should be prepared carefully, neatly, typed or written and present a true, easy-to-read story of the contestant and the registered Holsteins he or she owns and has developed. Material should be accurate, complete, and records should not contain filler material. It is recommended that the entrants use protective covers for each sheet of paper. A book should be creative and display the entrant's personality. In addition, it should be clearly marked and organized as follows:

## **COW PHOTO**

Include a photo (preferably a side view) of a special cow or heifer. This photo can be returned. **DO NOT ATTACH IT TO ANY PAGE.** Does not have to be professionally taken.

## **ONE PHOTOGRAPH**

Wallet size and mounted on the first page with name, age and complete address

## **INDEX**

## **MY STORY OF JUNIOR HOLSTEIN WORK**

The story should be 2-4 double spaced pages typed on one side only. Emphasize your degree of involvement with your home-farm operation. Discuss your feeding program, breeding program, management practices, and record keeping. Include your specific responsibilities. Explain involvement in junior work and how you are preparing for your future career.

## **SUMMARY OF ACTIVITIES AND PROJECTS**

Not to exceed four pages typed on one side only. List the following in chronological order (if possible) by year beginning with your first year of dairy project work; achievements, awards won, and offices held. Projects and activities to also include 4-H, FFA, Holstein, school, church, and community.

## **A RESUME OF REGISTERED HOLSTEINS OWNED**

It Should include:

Inventory-Individual listings of all animals owned. This list may include animal's name, sire, dam, estimated value, and date of birth.

Summary of Producing Cows (production records, etc.)

Explanation of how animals were obtained and financed

Include the following items on one animal:

-Official Performance Pedigree

-Management Record (breeding, illnesses, calving, etc.)

#### **CLIPPINGS AND PICTURES ABOUT YOU**

4-H, FFA, Holstein, Church, School, and community. One page front only.

#### **YOUR PERSONAL VIEWS**

Answer the following question in 250 words or less

From a dairyman's perspective, what advantages do Holsteins have over cattle of other breeds and crossbreeds?